

OSHA AMENDMENT 2022: NAVIGATING THE NEW LANDSCAPE OF WORKPLACE SAFETY

Empower Your Organisation with Cutting-Edge Safety Practices



Key Learning Outcomes

- Master the latest OSHA Amendment 2022 (Act A1648) requirements and their impact on your business
- Develop a comprehensive understanding of employer and employee responsibilities under the new regulations
- Learn to establish and manage an effective Safety & Health Committee
- Gain expertise in appointing and utilising Safety Personnel within your organisation
- Identify and implement core elements of a robust safety and health management system
- Create and manage effective HSE policies, procedures, and programmes
- Recognise and assess major industry-specific hazards in the workplace
- Apply HIRADC (Hazard Identification, Risk Assessment, and Determining Control) techniques effectively
- Implement practical control measures to mitigate workplace hazards
- Understand the legal implications and potential penalties for non-compliance
- Develop strategies for fostering a strong safety culture within your organisation

WHO SHOULD ATTEND?

- Business owners and executives
- HSE practitioners & managers seeking HSE awareness
- Newly appointed Safety Committee members
- HR Managers

EXCLUSIVE 2 + 1 TEAM LEARNING PACKAGE

Register 3 participants for the price of 2 only !

Register a team of three and pay for only two participants. This exclusive offer ensures comprehensive implementation of new safety practices across your organisation



18 & 19 June 2026

The AC Hotel by Marriott, Kuala Lumpur.

www.ipraxis.asia

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The Occupational Safety & Health Amendment Act (A1648), effective 1 June 2024, brings significant changes to workplace safety regulations in Malaysia. This comprehensive training course equips participants with the knowledge and skills needed to navigate these new requirements successfully, ensuring compliance and fostering a culture of safety within their organisations.

Our programme covers the expanded scope of the amendment, which now encompasses all economic sectors, including the public sector and non-industrial workplaces. Participants will learn about the strengthened duties of employers, including the explicit requirement to conduct risk assessments and implement necessary control measures.

The course emphasises the importance of proactive hazard identification and mitigation, aligning with the Department of Occupational Safety and Health's (DOSH) Guidelines for Hazard Identification, Risk Assessment and Risk Control (HIRARC).

Key focus areas of the course include:

- Appointment of safety and health coordinators for organisations with five or more employees
- Development and implementation of emergency procedures
- Creation and management of a Safety & Health Committee
- Implementation of the HIRARC Guidelines
- Fostering a positive safety culture within the organisation

By the end of the programme, attendees will have the confidence and competence to implement these new regulations effectively, ensuring compliance and fostering a safer work environment for all and positioning their businesses for long-term success and sustainability in the evolving regulatory landscape of Malaysia.

YOUR COURSE DIRECTOR

R. SHEYMALATHA *BBA (Hons), MBA.*

R. Sheymalatha (Sheyma) is a highly experienced HSE & HR Consultant and Master Trainer with over two decades of experience in Organisational Safety and Human Resources. Her expertise spans various industries, including manufacturing, oil & gas, education, technology, and financial services.

Key Qualifications and Achievements:

- MBA in Strategic Management, University of Georgia
- BBA (Hons) in HR Management, National University of Malaysia
- Certified HRD Corp Malaysia Mentor for SME Entrepreneurs
- Training Needs Consultant appointed by HRD Corp Malaysia and Entrepreneurship Development Institute of India
- Former Safety Training Coach for ExxonMobil Drilling Division
- Gold Star Award winner at the National QCC Convention

Before transitioning to consulting and professional training, Sheyma held senior positions at several prominent organisations such as Western Digital, Integrated Logistics Berhad, ExxonMobil, and Manipal International and GlobalNXT Universities.

Sheyma's unique blend of HR and safety experience, coupled with her passion for developing human capital, makes her an invaluable asset in bridging the gap between organisational safety requirements and practical implementation. Her expertise in Quality Control Circles, 5S Workplace Organisation, ISO 9001:2015, and OHSAS 18001 further enhances her ability to deliver high quality training programmes

INTERNATIONAL CLIENTS



TRAINING AGENDA

DAY 1
18 JUNE 2026

Introduction to OSH Act 1994 and 2022 Amendments

- Historical context and evolution of OSH globally and in Malaysia
- Key differences between Acts, Regulations, Orders, and Guidelines
- Detailed analysis of crucial 2022 OSHA Amendments and their impact

Employer Obligations Under the New Amendment

- Changes in employer responsibilities and terms of reference
- Understanding the employer vs. principal dynamic
- Importance of complying with the amendments
- Penalties and financial implications of non-compliance in 2022 amendment

Employee Rights and Responsibilities

- The MUST DO, what are the responsibilities of employees?
- Understanding and exercising employee rights
- Consequences of non-compliance for employees – penalties and prosecution

Safety & Health Committee (SHC): Formation and Function

- Step-by-step guide to forming an SHC
- Optimal composition and roles within the committee
- Four crucial functions of an effective SHC
- Strategies for continuous improvement initiatives

Safety Personnel: Roles and Requirements

- Differentiating between Safety & Health Officer (SHO) and OSH Coordinator roles
- Legal requirements for appointing safety personnel i.e. SHO or OSH Coordinator
- Key responsibilities and documentation requirements

DAY 2
19 JUNE 2026

Developing a Comprehensive Safety Management System

- Crafting an effective OSH Policy
- Conducting thorough Risk Assessments
- Establishing procedures for high-risk operations
- Planning, organising, and evaluating OSH programmes

Understanding and Preventing Workplace Accidents

- Common misconceptions about OSH accidents
- Analysing insured vs. uninsured costs
- Identifying and addressing sources of workplace accidents
- Long-term effects of accidents on organisational reputation and finances

HIRADC for Effective Hazard Management

- Techniques for comprehensive Hazard Identification
- Conducting accurate Risk Assessments using Probability and Severity matrices
- Determining and implementing effective Control measures

Implementing the Hierarchy of Controls

- In-depth exploration of control measures: Elimination, Isolation, Substitution, Engineering Controls, Training & Administrative Controls and Personal Protective Equipment (PPE)
- Importance of following the Control Measure sequence
- Practical application of the Swiss Cheese model in managing workplace hazards

Action Planning and Implementation Strategies

- Developing a tailored action plan for your organisation
- Overcoming common implementation challenges
- Measuring and sustaining safety improvements

Wrap Up and Q & A

Certificate Presentation

End of Programme

PARTICIPANT DETAILS

Please photocopy this form for more delegates

18 & 19 JUNE 2026
The AC Hotel by Marriott, Kuala Lumpur.**PARTICIPANT 1 :**

Name :

Position :

Mobile :

Email :

PARTICIPANT 2 :

Name :

Position :

Mobile :

Email :

AUTHORISING MANAGER :

Name :

Position :

Tel :

Email :

Organisation :

Address :

Date :

Signature :

COURSE FEE

- RM1800.00 nett / participant.
- RM3600.00 nett / group of three participants.

Please Note:

- Investment includes programme attendance, course notes, luncheons, refreshments, certificate of achievement and all applicable taxes.
- Full payment must be received before the start of the course.
- For Group Attendance of 5 or more delegates, please call us for corporate rebates.

PAYMENT METHOD

Payment can be made by cheque or bank transfer.
Please make payment to:

iPraxis Sdn. Bhd.

Bank : Maybank Berhad
Bank Branch : Damansara Utama
Account No : 5141-9634-9635
Swift Code : MBBEMYKL
Bank Address : 66, Jalan SS 21/35, Damansara Utama,
47400 Petaling Jaya, Selangor, Malaysia.

GENERAL TERMS & CONDITIONS

- Substitutions** - are welcome. Kindly notify us at least 2 working days prior to the programme.
 - Cancellations** - will be refunded in full minus a RM250.00 administrative charge provided the cancellation is done in writing at least 7 working days prior to the programme. Cancellations done less than 7 working days prior to the programme will not be eligible for any refunds and will carry a 100% liability.
 - Advertised package** - While every reasonable effort will be made to adhere to the advertised package, please note that the content, speaker and venue were confirmed at the time of publishing. Circumstances beyond our control may necessitate an alteration to the same. As such we reserve the right to alter or modify the advertised package if required.
 - Postponement & Cancellation** - If the programme has to be cancelled or postponed by us for any reason, we will issue refunds in full for all payments received without any deductions whatsoever.
 - Liability** - We will not be liable for any loss or damage suffered by the client as a result of a substitution, alteration, cancellation or postponement of the programme.
- Database** - Upon receipt of this registration form, we assume that you are giving us your consent to store your details and use it for future marketing efforts. If you do not wish to be included in our database, kindly notify us.
- Copyright and Intellectual Property** - The content, format and delivery of the programme constitute our intellectual property and copyright. Unauthorised redistribution or reproduction of part or all will be actionable by law.

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